



## Help Students Thrive: Take a Coach Approach!

December 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> (Monday-Wednesday)

9:00am – 3:00pm

DU campus location TBD (In-person only)

This three-day intensive training will provide you with effective coaching strategies to help students overcome setbacks, navigate challenges, and achieve their goals. Coaching centers the student as the expert in their own life and supports the development of accountability and self-management. You will build foundational coaching skills, such as asking powerful questions to inspire self-awareness, problem solving, and action.

This training is facilitated by the Office of Academic Advising and open to all DU **faculty and professional staff** who provide individual advising or mentoring support to students. Please register only if you will attend all three days. Another session will be offered in summer.

Questions? Please contact [Allison.Weihrauch@du.edu](mailto:Allison.Weihrauch@du.edu).

Register [here](#).

